



**TAIslim™** is the ultimate solution  
**“For a Totally New You!”**

**TAIslim**  
*For a Totally New You*



**TAIslim™ Single Bottle** (1 Liter)  
**Item 195** | \$36.50 AC, (25 pts)

**TAIslim™ Case of 4** (1 Liter)  
**Item 196** | \$134.95 AC, (100 pts)

Due to the incredible buzz surrounding FreeLife's all-new, patent pending weight loss product TAIslim™, we thought it best to give it its very own spot on the Internet. We encourage you to both visit and recommend this information-packed, image-rich site, [www.TAIslim.com](http://www.TAIslim.com), to get you up to speed on the latest studies, testimonials, and product specials for this incredible new formula.

**FreeLife**  
*Live It!.*

To experience the power of TAIslim™ in your life, contact:

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877.95.GOCHI (46244) □ TAIslim.com

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**27** Reasons to Drink  
**TAIslim Every Day!**



**Lose Weight, Feel Great!**

Everyone's talking about TAIslim! It's the revolutionary, scientifically based, healthy way to reach your ideal weight. Doctors and diet experts agree that there's only one way to lose pounds and inches, and that's to burn more calories than you take in. But this simple advice can be very difficult to follow! And so, many people turn to fad diets. Gimmicky weight loss plans, potions, and pills might give you some early results, but the weight always returns. Over time, this yo-yo cycle of losing and regaining can actually slow your metabolism, making it even harder to lose weight.

Science now knows that there are four distinct aspects that must be addressed together for successful weight management. If you've been on diet plans that have failed, it's because they only deal with one or two parts of the equation. But now, finally, "The Weight is Over!" FreeLife science has found the way to help you to lose weight, and it's name is TAIslim™.

In Asia, the word *tai* signifies "total" or "complete." And unlike any other diet you've ever tried, the comprehensive TAIslim plan addresses all of the key aspects of successful weight control. Based on FreeLife's revolutionary triple patent pending formulation and research on the ability of the goji berry to reduce unsightly and unhealthy *belly fat*, our proprietary TAIslim helps you to reach and maintain a healthy weight in four important ways:†

**1. Fights Abdominal Fat:** TAIslim contains FreeLife's exclusive GoChi®, clinically shown to decrease the body's production of stress hormones that cause you to accumulate unhealthy belly fat.† Other ingredients act on digestive tract enzymes to help reduce the amount of calories absorbed from starchy or fatty foods.†

**2. Enhances Metabolism:** Clinical results on TAIslim (including its proprietary fat-burning complex) have demonstrated a dramatic and significant increase in the body's calorie burning potential, compared to placebo, giving you the energy to maximize your workout performance.†

**3. Helps Control Appetite:** TAIslim's proprietary appetite-controlling complex supports a positive mood, suppressing appetite and between-meal cravings, to help you to cut unwanted calories.†

**4. Cleanses and Replenishes:** TAIslim's advanced proprietary NuFlora™ prebiotic dextrin fiber provides gentle cleansing and detoxifying action to promote regularity and healthy microflora, while slowing the absorption of food to improve metabolism.†

And TAIslim can continue to offer a lifetime of benefits even after you've reached your goal. Here are 27 good, healthy reasons to continue to drink TAIslim every day. Now you can lose weight and feel great for life. Drink TAIslim, for a totally new you!

†These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

**1. Lose weight!**

No matter how ambitious your ultimate weight goal may be, the good news is that you don't have to reach your ideal weight to lower your risk of developing obesity-related medical problems. Losing just 5 to 10% of your total weight will make you significantly healthier, and you'll feel better, too! TAIslim™ can help you to reach your short-term and long-range goals. Thanks to its triple patent pending technology and formulation, its clinically demonstrated efficacy, and its exclusive 4-way action, it will be easier than ever for you to lose weight and feel great!

**2. Fight unhealthy 'belly fat'!**

One of the most significant weight-related health risks occurs when fat accumulates deep within the abdominal cavity. Studies have proven that "belly fat" can double your risk of dying from heart disease, stroke, cancer, and diabetes. TAIslim is synergistically formulated with key nutrients to help shrink your waistline, including FreeLife's exclusive GoChi®, the standardized goji juice that is clinically shown to decrease the body's production of stress hormones that cause you to accumulate unhealthy belly fat.†

**3. Enhance your energy levels!**

TAIslim has been shown in studies to cause an increase in the body's production of energy.† It features scientifically proven GoChi, along with four powerful tea extracts and a small amount of natural caffeine to boost your metabolism safely and naturally, without the use of harsh herbal stimulants.

**4. Turn on your body's thermogenic power and burn fat!**

Thermogenesis refers to the body's ability to produce heat from stored fat calories. It's not a prime source of energy, kicking in only when the body is under stress or attack, is exercising heavily, or is in need of heat (the flush of exercise and the "hot under the collar" sensations of anger are both driven by thermogenesis).

Babies are born with highly active thermogenesis, and with lots of baby fat to fuel the heat-producing process. This is why babies don't shiver in the cold. As children become older, thermogenic activity diminishes and by adulthood, it slows to a crawl. This can lead to weight gain, which is popularly explained as one's "metabolism slowing down." What's really slowing down is the ability to burn fat by thermogenesis.

Fortunately, in numerous studies, TAIslim and its ingredients have been found to significantly increase thermogenesis by multiple mechanisms.† Now you can burn fat again, just like you did as a baby!

### 5. Control your appetite and curb cravings!

TAIslim™ contains an exclusive Appitol Plus™ appetite control complex, featuring *L-phenylalanine* and *N-acetyl-L-tyrosine*. These powerful amino acids work on the pleasure centers of the brain to help suppress food cravings and the urge for between-meal snacks. TAIslim also contains key ingredients that promote the early release of CCK, the satiety hormone that tells your brain that you're full so you can find it easier to cut out unwanted calories.†

### 6. Feel fuller longer!

Most people begin to feel hungry as their blood sugar levels drop several hours after eating. TAIslim slows the digestion and absorption of food, helping to keep your blood sugar levels from dipping so you can go longer between meals without feeling the urge for high-calorie snacks!†

### 7. Absorb fewer calories from the foods you eat!

TAIslim's Lipitol Ultra™ complex of four potent tea extracts (including the legendary *wu long* variety) works on digestive tract enzymes, inhibiting their action to help reduce the amount of calories absorbed from starchy or fatty foods.† Additionally, when you take TAIslim with a full glass of water right at the start of a meal, its proprietary NuFlora™ fiber combines with your food, making it more difficult to absorb.† And food that is not absorbed cannot be turned into calories!

### 8. Cleanse and detoxify!

TAIslim's exclusive NuFlora is an advanced proprietary soluble dextrin fiber complex that helps to clear metabolic toxins and provides an intestinal cleansing action so gentle that you can use it every day!

### 9. Fight insulin resistance!

Insulin is a hormone, secreted by the pancreas, which is released every time you eat. Its primary function is to encourage your muscles to absorb sugar from the blood after a meal, so that they can burn it for energy. If you eat more carbohydrates than the body can use, insulin will turn the excess into fat. TAIslim's NuFlora fiber, in the amount found in every serving, has been clinically shown to reduce the flood of blood sugar after a meal.†

### 10. Up your fiber intake!

The multiple health benefits of fiber are indisputable, but according to government statistics, most people don't get anywhere near enough in their diets. Each two-ounce serving of TAIslim™ provides nearly twice the soluble fiber of the leading fiber supplements, and thanks to its advanced NuFlora technology, there's no thick texture or bad taste, just the great benefits!

### 11. Improve regularity!

Normal elimination is essential for gastrointestinal health. TAIslim's remarkable NuFlora dextrin fiber complex has been clinically shown to improve intestinal regularity and frequency of elimination without laxatives.† The GoChi® in TAIslim has also been clinically demonstrated to improve regularity.†

### 12. Maintain colon health!

Your intestinal tract normally contains trillions of friendly bacteria (flora) that help to maintain the proper pH of the colon, keeping it free from yeasts and harmful organisms. Unfortunately, the composition and number of these helpful bacteria can change as a result of stress, illness, age, diet, or the use of antibiotics. The proprietary NuFlora fiber complex in TAIslim has a prebiotic action, and is clinically demonstrated to restore a normal composition and count of these important immune defenders.† Additionally, TAIslim's powerful tea flavonoids have been shown to promote colon health in numerous studies.†

### 13. Banish bad bacteria that may be causing you to gain weight!

The intestinal tracts of overweight people are often populated with malevolent "hungry bacteria" which eat the remnants of already-digested food and turn it into unwanted body fat. TAIslim's NuFlora dextrin fiber complex fights against these fat-storing bacteria, and promotes the regrowth of normal, healthy intestinal flora.†

### 14. Keep a healthy heart!

If you're starting a weight loss program, you're going to want to increase your physical activity, and that requires a healthy heart. Tea is the ultimate heart-healthy beverage, and that's because of its high content of protective *flavonoids*. Tea flavonoids make blood vessels work better, and an important study shows that people who drink tea after a heart attack are less likely to have another heart attack.† Each serving of TAIslim provides flavonoids from four potent tea extracts, at a level even higher than you'd find in a cup of strong brewed tea!

### 15. Maintain normal, healthy cholesterol and triglycerides!

Cholesterol is a concern for many who are overweight. Key ingredients in TAIslim have been shown to have a positive effect on blood triglycerides and cholesterol, lowering the bad (LDL) and raising the good (HDL) cholesterol.†

### 16. Inhibit dangerous lipid peroxidation!

Cholesterol and other blood lipids can become dangerous when they react in the body to form *lipid peroxides*. TAIslim's exclusive GoChi® and potent tea flavonoids have been shown in studies to inhibit the formation of dangerous lipid peroxides.†

### 17. Improve absorption of minerals!

Good nutrition is essential when you're controlling your food intake. The proprietary NuFlora fiber complex in TAIslim™ has been clinically shown to help your body to absorb valuable minerals from your diet.† Minerals are vitally important for bone and heart health, and for the proper functioning of the body's enzymes.

### 18. Fight metabolic syndrome!

Metabolic syndrome is a problem in most of the developed world. It's a cluster of conditions that occur together. Having just one of these conditions – increased blood pressure, elevated insulin levels, excess body fat around the waist or abnormal cholesterol levels – isn't identified as metabolic syndrome, but it does contribute to your risk of serious disease. If more than one of these conditions occur in combination, your risk is even greater. Fortunately, reducing belly fat with the TAIslim plan can have a very positive impact on metabolic syndrome.†

### 19. Support normal blood pressure!

According to a study reported in *The Archives of Internal Medicine*, drinking as little as a half-cup of green or *wu long* (oolong) tea per day for a minimum of one year may lower the risk of high blood pressure by as much as 50%.† Every serving of TAIslim provides bioactive tea flavonoids – from four potent extracts – at levels exceeding those of a full cup of strong brewed tea.

### 20. Increase your antioxidant power!

For successful weight loss, you must increase your level of physical activity, and that can cause a build-up of harmful free-radical activity. The right antioxidants can help. TAIslim contains GoChi, the standardized goji berry juice that has been clinically shown to significantly increase the body's antioxidant status, while decreasing free-radical damage.† TAIslim also provides a high level of EGCG, a compound from green tea that has 25 – 100 times the antioxidant power of vitamin C or E. The amount of EGCG found in each serving of TAIslim has antioxidant effects greater than a serving of broccoli, spinach, carrots, or strawberries.

### 21. Maximize any exercise!

The TAIslim formula is designed to boost your metabolism and give you the energy to maximize any type of exercise. Physical activity is important for many reasons; it has a balancing effect on your blood sugar levels, it helps to decrease your body fat and cholesterol, and it increases your energy and stamina. You should aim for at least 30 minutes of physical activity every day, but even if you don't have a regular exercise routine, you can incorporate exercise as part of your lifestyle. Walk to the store, walk up that flight of stairs, and mow your lawn. Studies have shown that these mini-exercise sessions have a beneficial effect on weight loss.

### 22. Keep focused!

Avoiding distractions is essential if you're going to reach your desired weight. TAIslim's exclusive GoChi® has been shown in controlled human studies to improve focus, concentration, and mental sharpness.† And the small amount of caffeine from TAIslim's four potent tea extracts will help even more to keep you focused on your goals!

### 23. Alleviate everyday stress!

Many overweight people tend to eat when they're under stress, whether they're hungry or not. TAIslim™ can help. It contains the clinically studied stress fighter GoChi along with special amino acids, including *theanine* from green tea, that can help you to adapt and to cope with everyday stress.†

### 24. Improve your mood!

Losing weight can take time and effort, and it helps to have a positive mood. TAIslim features special amino acids that influence the production of key neurotransmitters in the brain, including the "feel good" hormone *serotonin*, the *dopamine* (a precursor to energizing *adrenaline*), and *beta-phenethylamine*, the substance in chocolate that makes you feel so good when you eat it!† The GoChi in TAIslim has been clinically shown to improve feelings of happiness and contentment.†

### 25. Build healthy muscle!

As you lose fat, you'll also want to exercise to build healthy new muscle cells, as it is well known that muscle burns fat. To make sure that those cells reproduce normally, you'll need to protect your vital DNA. TAIslim contains a powerful extract of green tea, which has been shown to protect against experimentally induced DNA damage.†

### 26. Improve Your Immune Defenses!

When you're losing weight, you'll want to make sure to keep your health up to keep you motivated. The GoChi in TAIslim has been clinically shown in a peer-reviewed scientific journal to significantly increase three important aspects of immunity, and other TAIslim ingredients have been the subject of dozens of studies showing even more wide-ranging immune support benefits.†

### 27. Support thyroid health!

The thyroid gland works like cruise control in a car, producing hormones that keep the rest of the body working at the right speed. If thyroid hormone levels decrease, cells throughout the rest of the body decrease in activity and that can result in weight gain. TAIslim provides *L-phenylalanine*, an essential amino acid that is a building block of the important weight-regulating thyroid hormones.†

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